

# PRYSI

COSMETIC SURGERY

*Artistry is the Difference.*

## Sun safety is **ALWAYS** in season!



### From the desk of Dr. Prysi:

Protecting your skin from sun damage is a year-round priority, no matter where you live. Sun exposure causes sunburn, skin aging (dark pigment spots, wrinkles, and leathery skin), eye damage, and skin cancer.

- 1. Use a sunscreen that protects against UVA & UVB exposure with a SPF factor of at least 30 EVERY day.*
- 2. Wear a hat with a 3 – 4 inch brim that covers all the way around the head. This protects the back and sides of the neck as well as the face.*
- 3. Sunglasses are more than a fashion statement! The skin around the eyes is delicate and sun exposure causes early aging in the form of wrinkles, fine lines, and dark spots. Protect your peepers from debris, wind irritation and sun damage.*
- 4. Staying hydrated is especially important in the hot, humid days of summer. Protect your body and skin from dehydration by drinking plenty of water.*

If you have already overexposed your skin, there is help. Prysi Cosmetic Surgery offers several options to reverse the damage from the sun. Call the office today to speak with one of my staff about Diamond Glow, SkinMedica & Glytone medical grade chemical skin treatments, and the SkinMedica line of skin care products.

## Featured Products



Essential Defense Mineral  
Shield™ Broad Spectrum  
SPF 35 Sunscreen



Essential Defense Mineral  
Shield™ Broad Spectrum SPF  
32 Sunscreen **Tinted**



Total Defense + Repair Broad  
Spectrum SPF 34 / PA ++++  
Sunscreen



Total Defense + Repair Broad  
Spectrum SPF 34 / PA ++++  
Sunscreen **Tinted**

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